

SENIOR SCHOOL REP SPORT 2019

HVGS Senior Sport Snapshot

Sport	Team	Training	Competitions
Aerobics	Rep teams	Tuesday and Thursdays 4.15-5.15pm	State - 29/30 June, Nationals 8-11 August
Athletics	HVGS Squad	Monday - Thursday (depends on event) 3 -4.15pm in Term 2. Sprint training with Peter Gentz	HRIS Championships - 30 July
Basketball	Open 15 years	Monday 3 - 4.15pm in Term 1 and 3 tbc Term 4	AICES Cup 22 Feb, HRIS Gala - 25 June HRIS Gala - 14 August
Cross Country	HVGS Squad	tbc	HRIS Championships - 3 May
Cricket	First XI 15 years	Tuesday 3 -4.15pm from mid Term 3 Tuesday 3 -4.15pm from mid Term 3	games late Term 3 and Term 4 games late Term 3 and Term 4
Equestrian	Open	Training days tbc	HVGS Championships tbc
Football (Soccer)	Open 15 years Cocurricular	Thursdays Term 1 and 2 from 3 - 4.15pm Thursdays Term 1 and 2 from 3 - 4.15pm after School during Football season	HRIS Gala - 13 May + CIS Cup in Term 1 HRIS Gala - 18 June + Bill Turner Term 2 Saturday games at various locations
Golf	HVGS Squad	na	All Schools 1 April, HRIS Gala - 18 October
Hockey	Individuals	individual entries	HRIS Gala - 6 March
Netball	Open U16 U14 Cocurricular	Wednesday 7.15am in Term 2 Wednesday 7.15am in Term 2 tbc Wednesdays after School during Netball season	HRIS Gala - 21 May + NSW Knockout and AICES Cup 29 May HRIS Gala - 21 May + AICES Cup 29 May HRIS Gala - 21 May + NSW Knockout Saturday games at Maitland Park
Rowing	HVGS Squad	various	Regatta season (summer)
Rugby	First XV U16 U14 Girls	Thursdays 7.20am Wednesdays 3 - 4.30pm Term 2/3 Wednesdays 3 - 4.30pm Term 2/3 Wednesdays 3 - 4.30pm Term 2	Multiple games - 15 aside in Term 2, 7's Term 3 Multiple games - 15 aside in Term 2, 7's Term 3 Multiple games - 15 aside in Term 2, 7's Term 3 Multiple games
Rugby League 7's	tbc	tbc	CIS Gala Term 3
Snowsports	HVGS Squad	na	Northern NSW InterSchools - 9-13 July
Strength & Conditioning	any student	various	na
Swimming	Squad	Tuesdays and Thursdays Term 1 and 4	HRIS 14 March
Tennis	Open 15 years	Wednesdays 7.30am Term 1 Wednesdays 7.30am Term 4	HRIS Gala - 20 February HRIS Gala - 16 October
Touch	Year 7/8 Year 9/10 Yr 11/12 15 years Open	Tuesdays 3 - 4.15pm Term 3 Tuesdays 3 - 4.15pm Term 1 Tuesdays 3 - 4.15pm Term 1 Tuesdays 3 - 4.15pm Term 4 Tuesdays 3 - 4.15pm Term 4	All Schools - tbc September All Schools - 22 March All Schools - 5 April HRIS Gala - 28 October HRIS Gala - 8 November
Triathlon	Interested athletes	na	All Schools - 28 February and 1 March
Volleyball	tbc	Wednesdays 3.15 - 4.30pm starting 7 February	Schools Cup - tbc